



Progression in PESSPA @ SSMJ

Physical Education, School Sport and Physical Activity

The Journey Starts

Interventions to support in KS2

Children identified for additional support with gross & fine motor skills (Enabling / Accessing)



Competition

Children will be introduced to competition – Intra / Inter Sportsday / School Games

Dance



Children will start to explore different cultures through Dance



Gymnastics

Children will start to explore movements with and without apparatus

Key Stage 2

Year 3

Year 4

Year 5

Year 6



Competition Increases

Children will have opportunity for more sports and quality of competition increases to include county / regional finals



Community Clubs

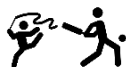
Children will be encouraged to join local clubs – Exit Routes / Sign-posting



OAA

Children in KS2 will have the opportunity to use of expansive grounds for OAA including residential in Year 6

Sports Specific Skills



Children will learn specific sports skills within lessons applying them in different scenarios and related sports



Sports Specific Coaches

Children work with coaches in some lessons.



Year 5

Fundamental Movement Skills

Built on from KS1 using Val Sabin Publications as the spine of the curriculum.



Cycling

Children will engage in the 'Shinfield St. Mary's KS2 Cycling Programme'.



Games

Will explore transferable skills, knowledge & understanding



Leadership

Children will have opportunity for to be a Sports Leader



Swimming

Children will learn to swim in Year 5. All pupils will be able to swim 25 m Interventions to support those who cannot in Year 6



End of KS2

Children will leave with a love of PE, physical activity & sport. At secondary school they will engage in opportunities, clubs, teams. They will choose GCSE PE, Sports Leadership & active, healthy lifestyles

